



**SICOB EVENTI**

6 - 7 MARZO 2025



RESP. SCIENTIFICI

LUIGI ANGRISANI

MARIO MUSELLA

VINCENZO PILONE

**NAPOLI, 6 - 7 MARZO 2025**

# **1° INTERNATIONAL BARIATRIC MEETING**

**Bariatric Surgery and Pharmacological approach  
to Morbid Obesity: An open debate**

**12.30 - 12.45 KEY LECTURE 1**

**Stato attuale dell'approccio farmacologico all'obesità 2024.  
F. Santini  
Commenta G. Mingrone**

# Regolazione del bilancio energetico

Effects of energy expenditure

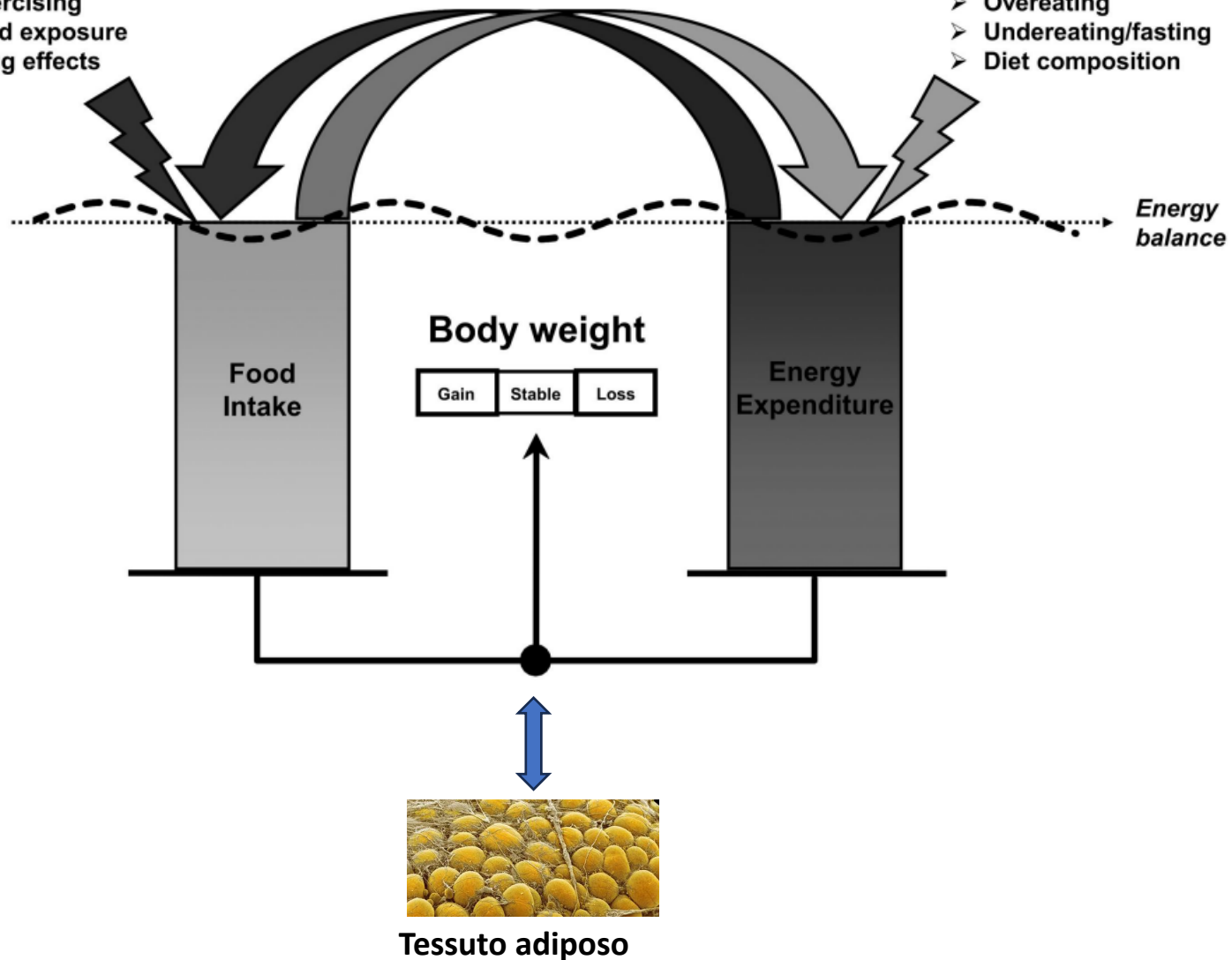
on food intake:

- Exercising
- Cold exposure
- Drug effects

Effect of food intake

on energy expenditure:

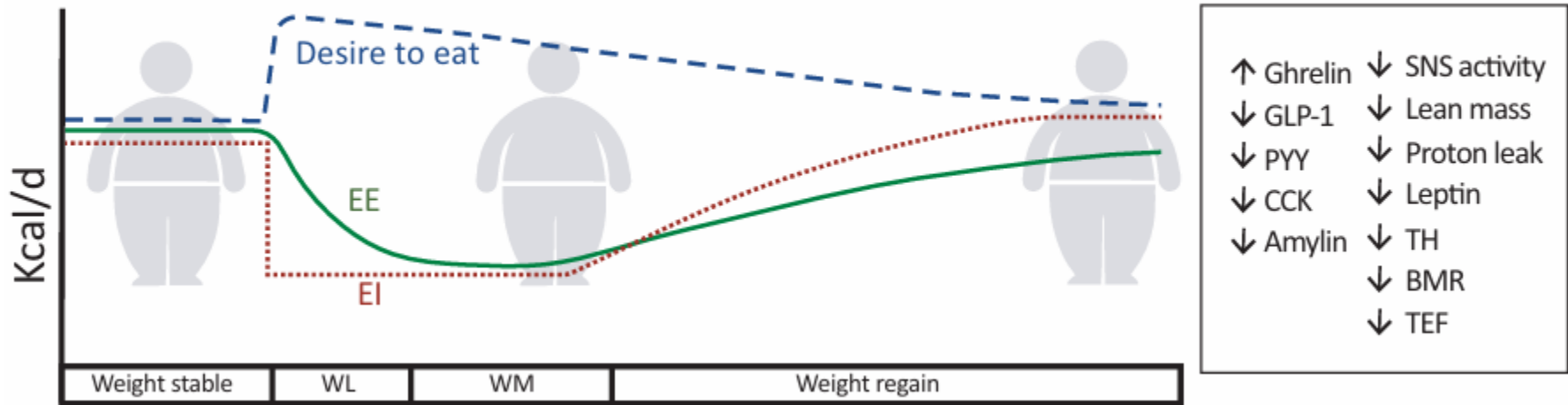
- Overeating
- Undereating/fasting
- Diet composition



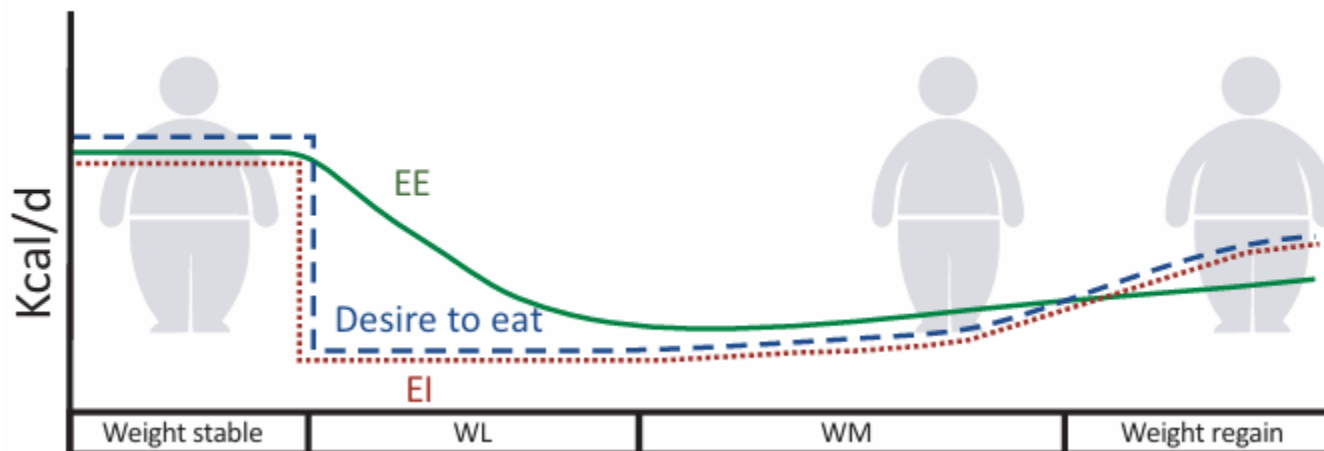
# Beyond appetite regulation: Targeting energy expenditure, fat oxidation, and lean mass preservation for sustainable weight loss

Christoffersen BO et al.

## A Calorie restriction



## B Appetite suppressing drug



# Sibutramine Produces Dose-Related Weight Loss

Sibutramine and Obesity, Bray et al.

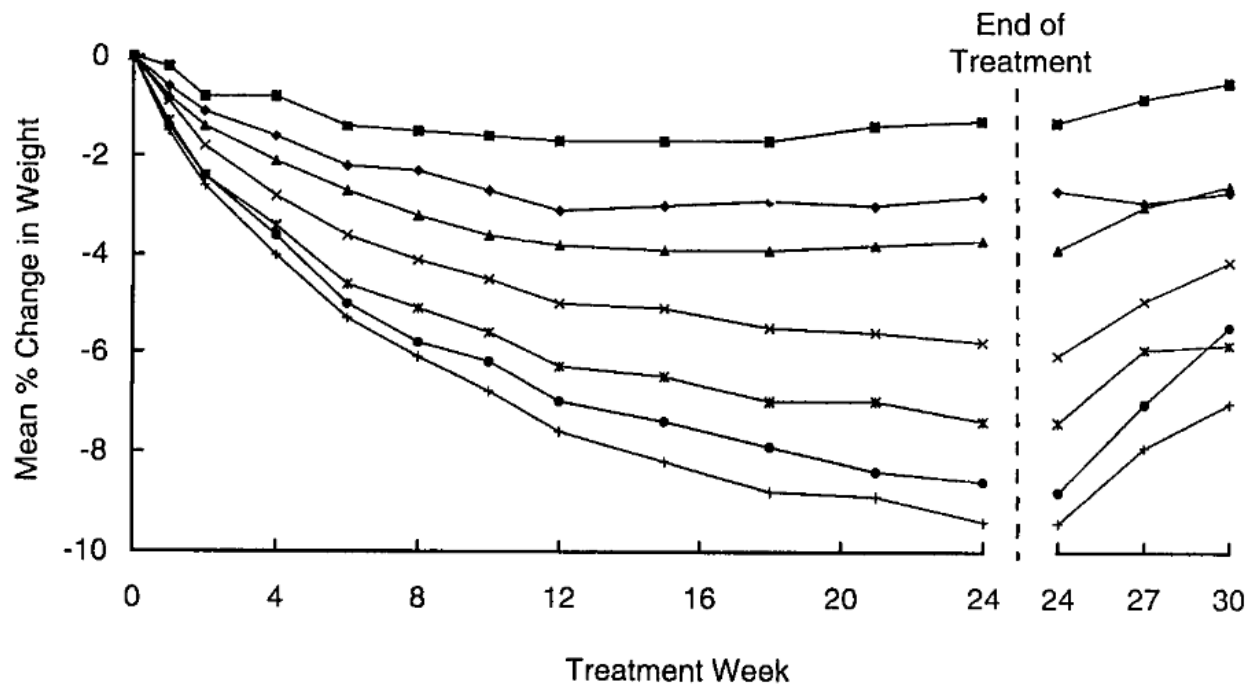


Figure 1: Weight loss in patients completing 24 weeks of treatment. ■, placebo; ◆, 1 mg sibutramine; ▲, 5 mg sibutramine; ×, 10 mg sibutramine; \*, 15 mg sibutramine; ●, 20 mg sibutramine; +, 30 mg sibutramine;  $p < 0.05$  vs. placebo for all time-points for sibutramine doses 5 mg to 30 mg, nonparametric Williams' test.  $n = 87$  to  $107$ /group (Table 2). Posttreatment follow-up data are also shown for those patients in whom it was available ( $n = 50$  to  $61$ /group; Table 2).

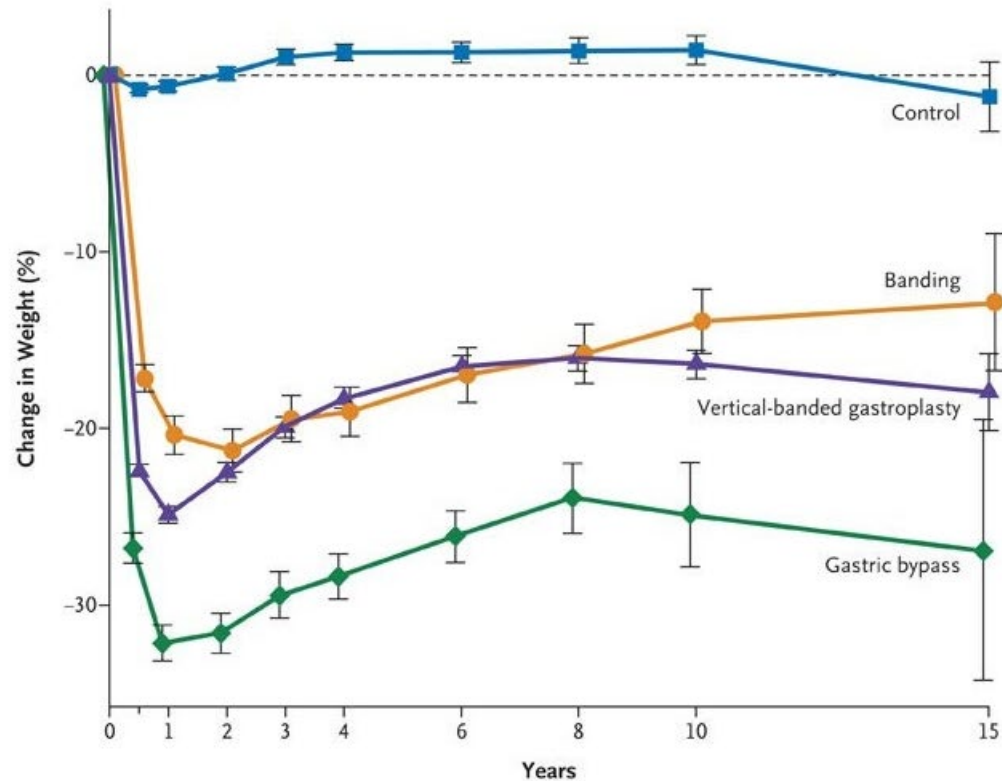
# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

AUGUST 23, 2007

VOL. 357 NO. 8

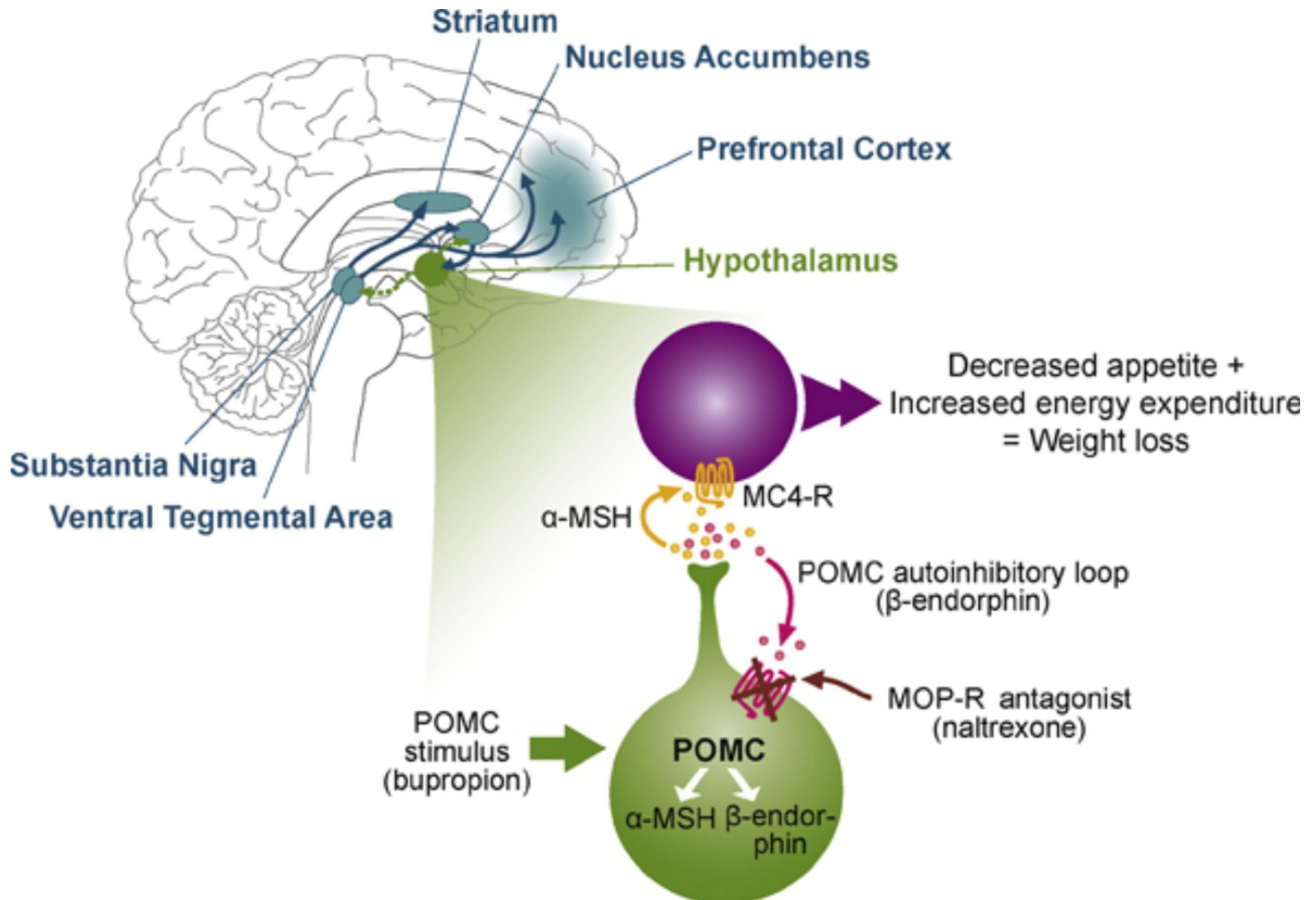
## Effects of Bariatric Surgery on Mortality in Swedish Obese Subjects



### No. Examined

Control	2037	1768	1660	1553	1490	1281	982	886	190
Banding	376	363	357	328	333	298	267	237	52
Vertical-banded gastroplasty	1369	1298	1244	1121	1086	1004	899	746	108
Gastric bypass	265	245	245	211	209	166	92	58	10

# Bupropione-Naltrexone: meccanismo d'azione



# Effect of naltrexone plus bupropion on weight loss in overweight and obese adults (COR-I): a multicentre, randomised, double-blind, placebo-controlled, phase 3 trial

Frank L Greenway, Ken Fujioka, Raymond A Plodkowski, Sunder Mudaliar, Maria Guttadauria, Janelle Erickson, Dennis D Kim, Eduardo Dunayevich, for the COR-I Study Group\*

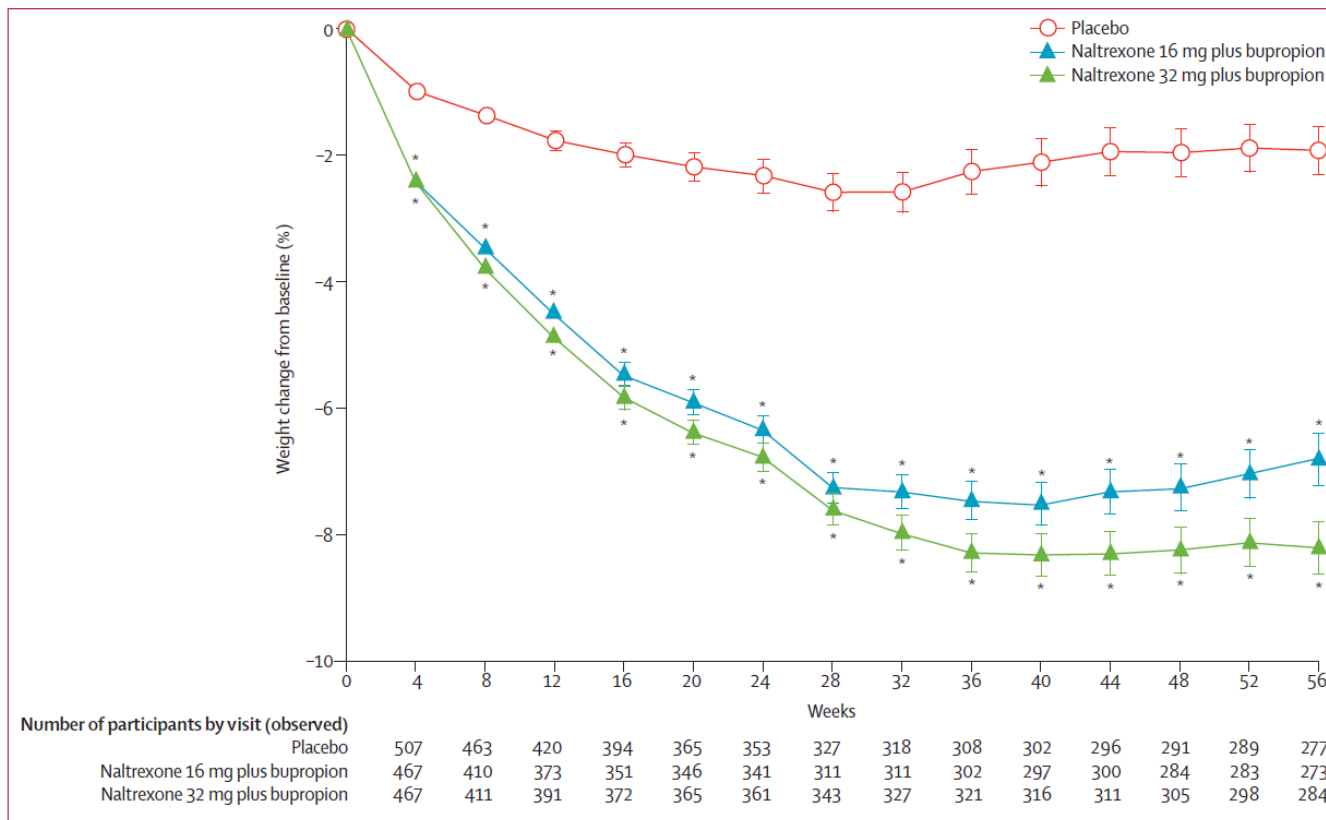
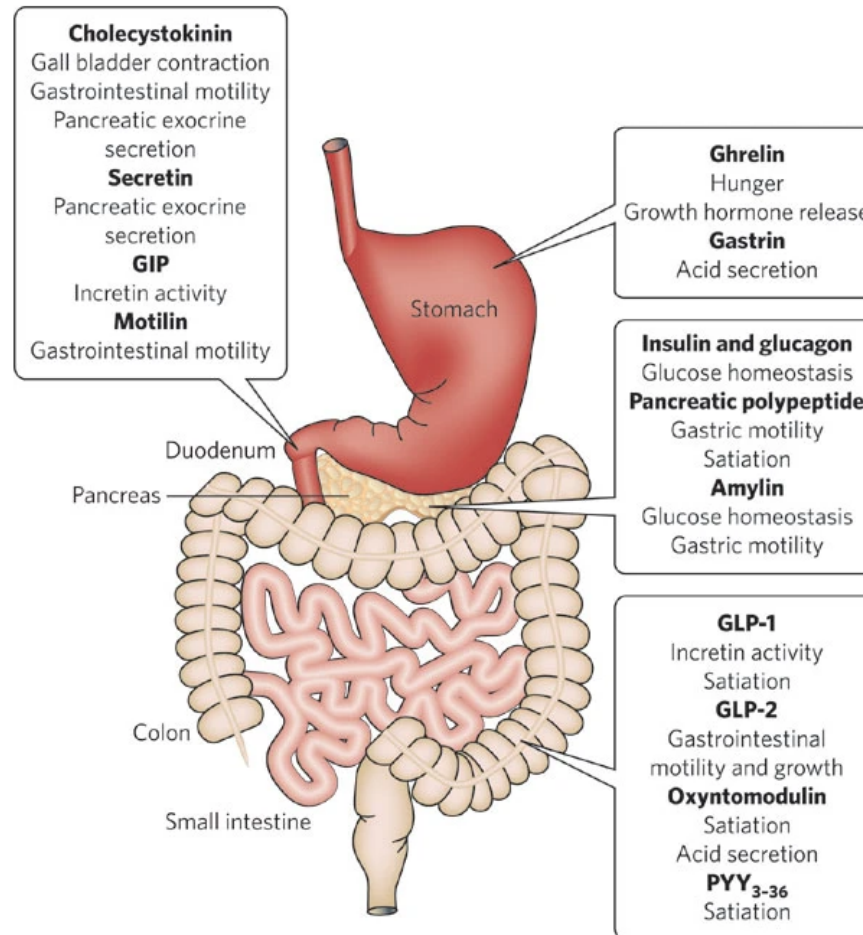


Figure 2: Change in bodyweight  
Observed least squares mean (SE) percentage change from baseline in bodyweight and number of participants at each visit during 56 weeks. \*p<0.0001 compared with placebo.

## Figure 2: A schematic diagram of the gastrointestinal tract illustrating where particular gut hormones are concentrated and their major putative functions.

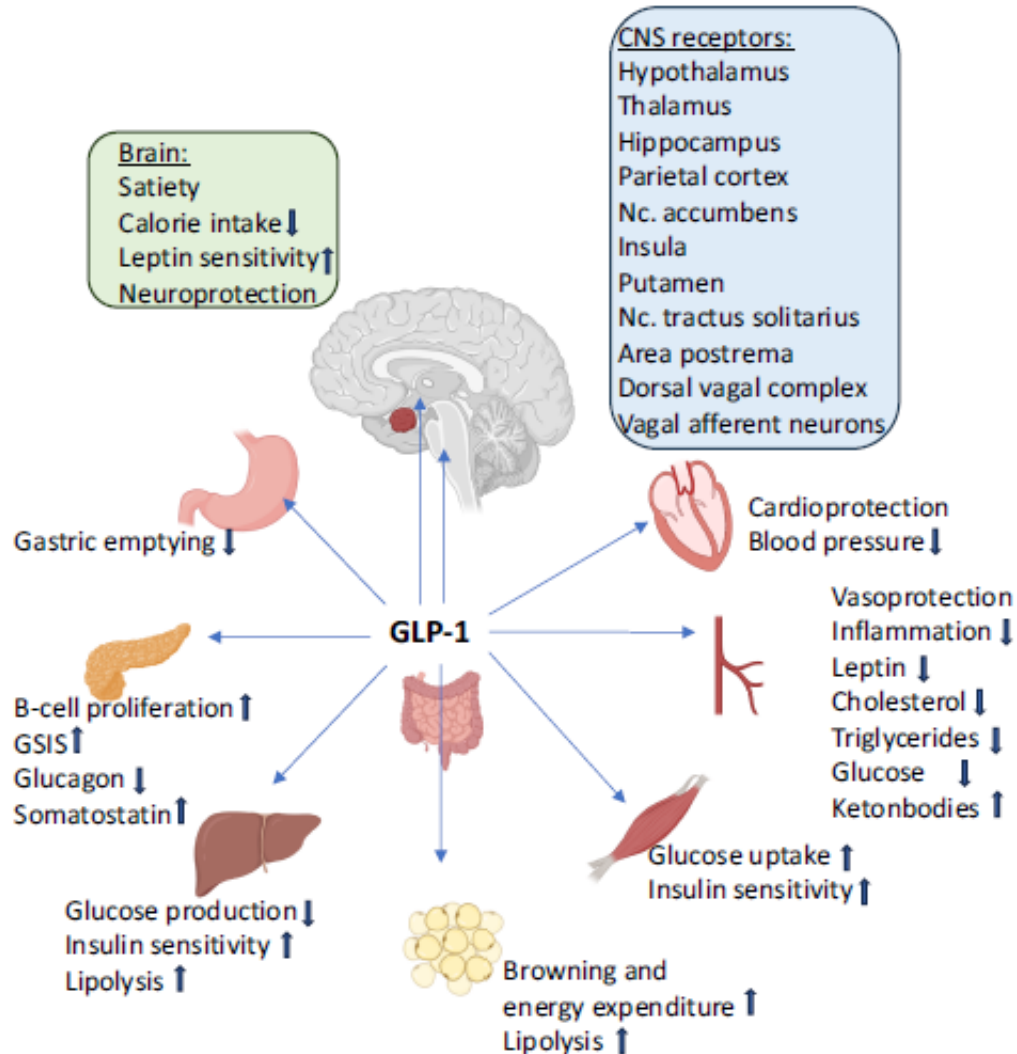
From: [Gut hormones and the regulation of energy homeostasis](#)

Murphy and Bloom, Nature 2006





# Physiological effects of GLP-1



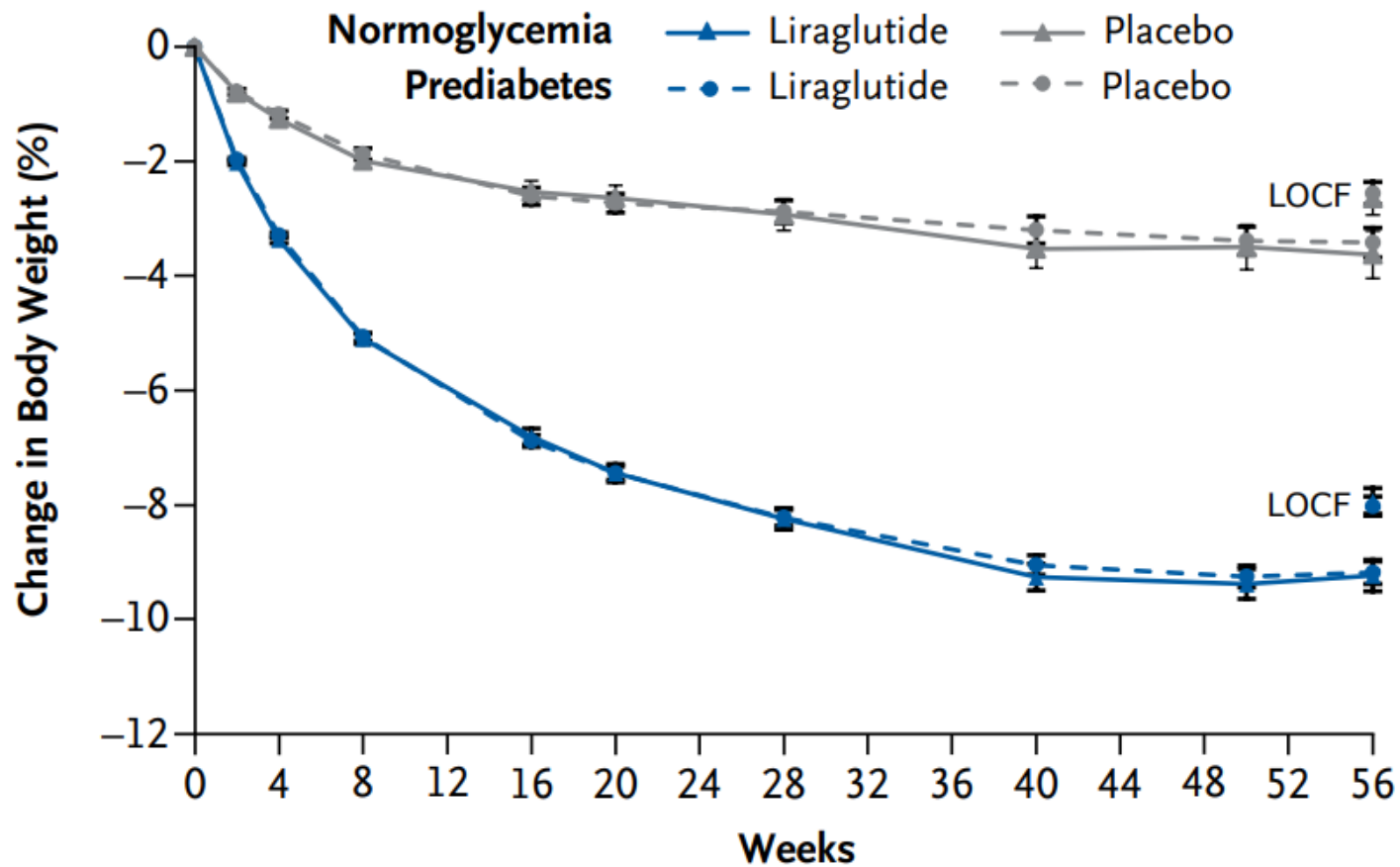
The NEW ENGLAND  
JOURNAL of MEDICINE

ESTABLISHED IN 1812

JULY 2, 2015

VOL. 373 NO. 1

A Randomized, Controlled Trial of 3.0 mg of Liraglutide  
in Weight Management



# The NEW ENGLAND JOURNAL of MEDICINE

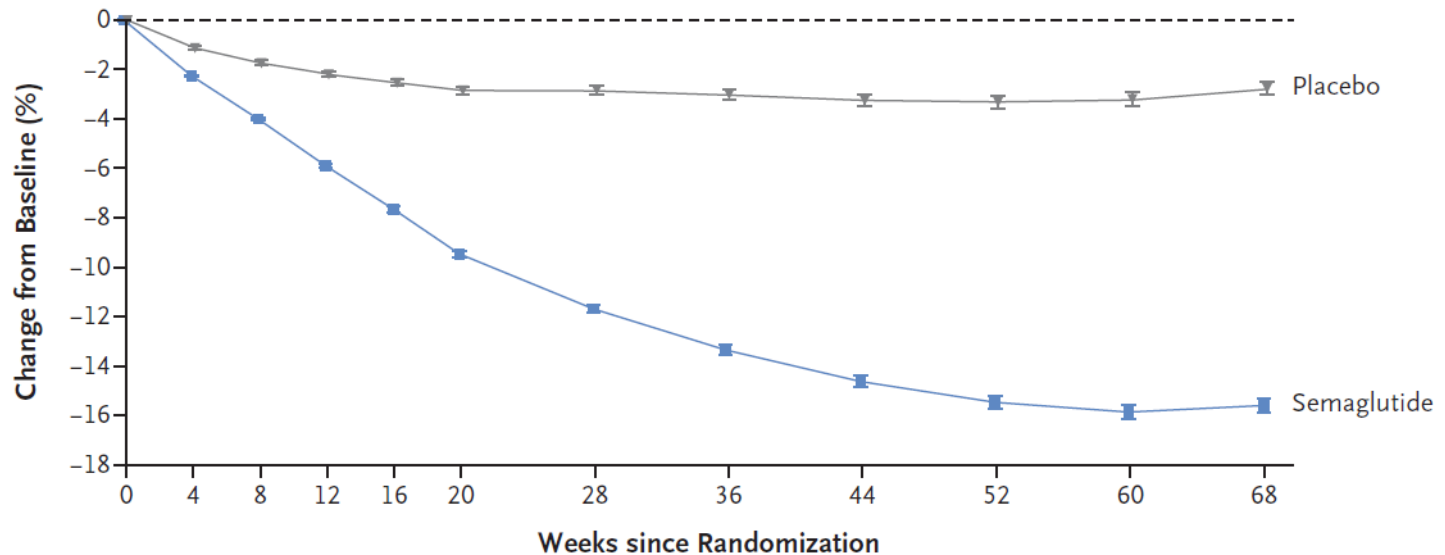
ESTABLISHED IN 1812

MARCH 18, 2021

VOL. 384 NO. 11

## Once-Weekly Semaglutide in Adults with Overweight or Obesity

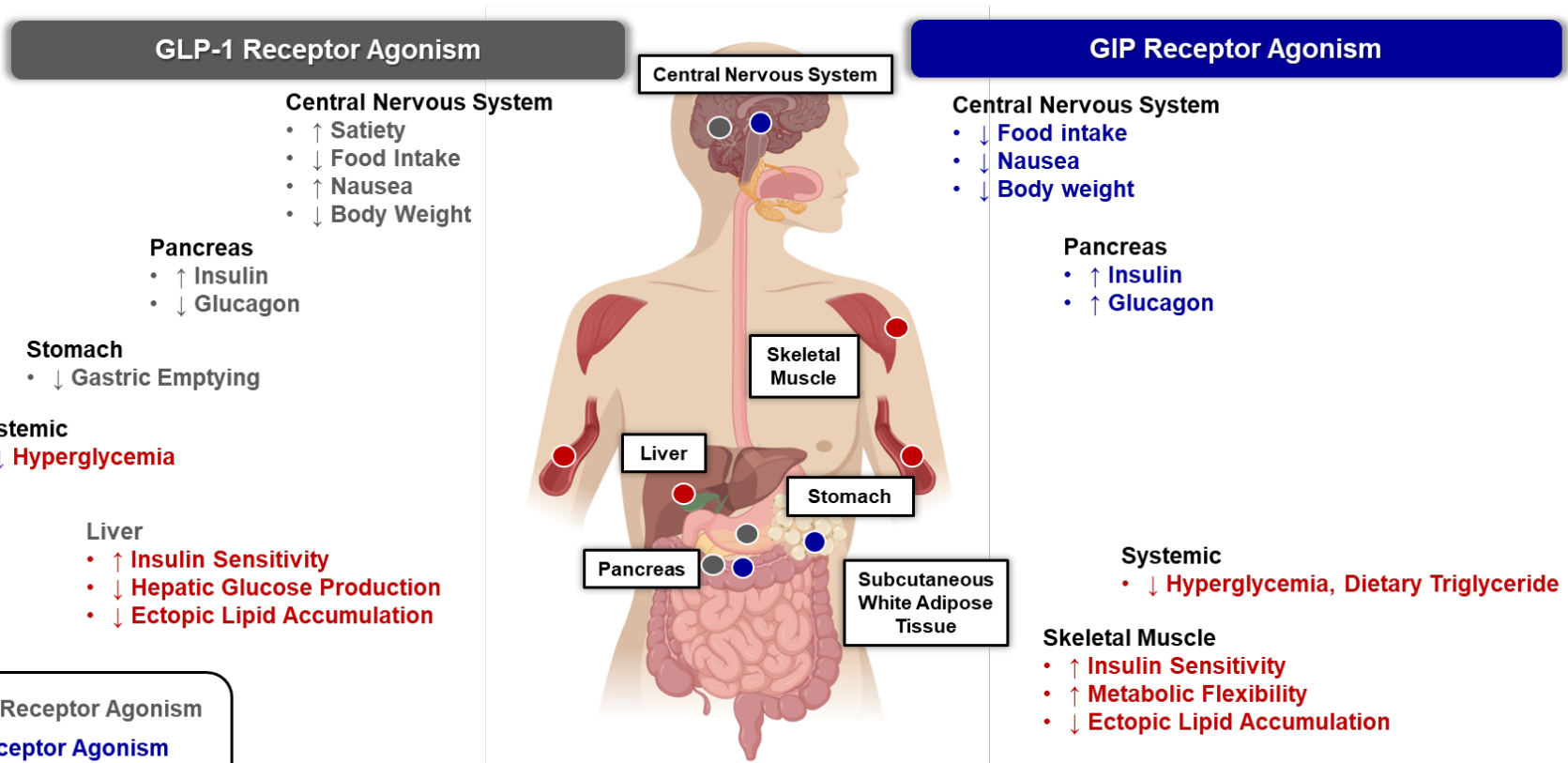
**A** Body Weight Change from Baseline by Week, Observed In-Trial Data



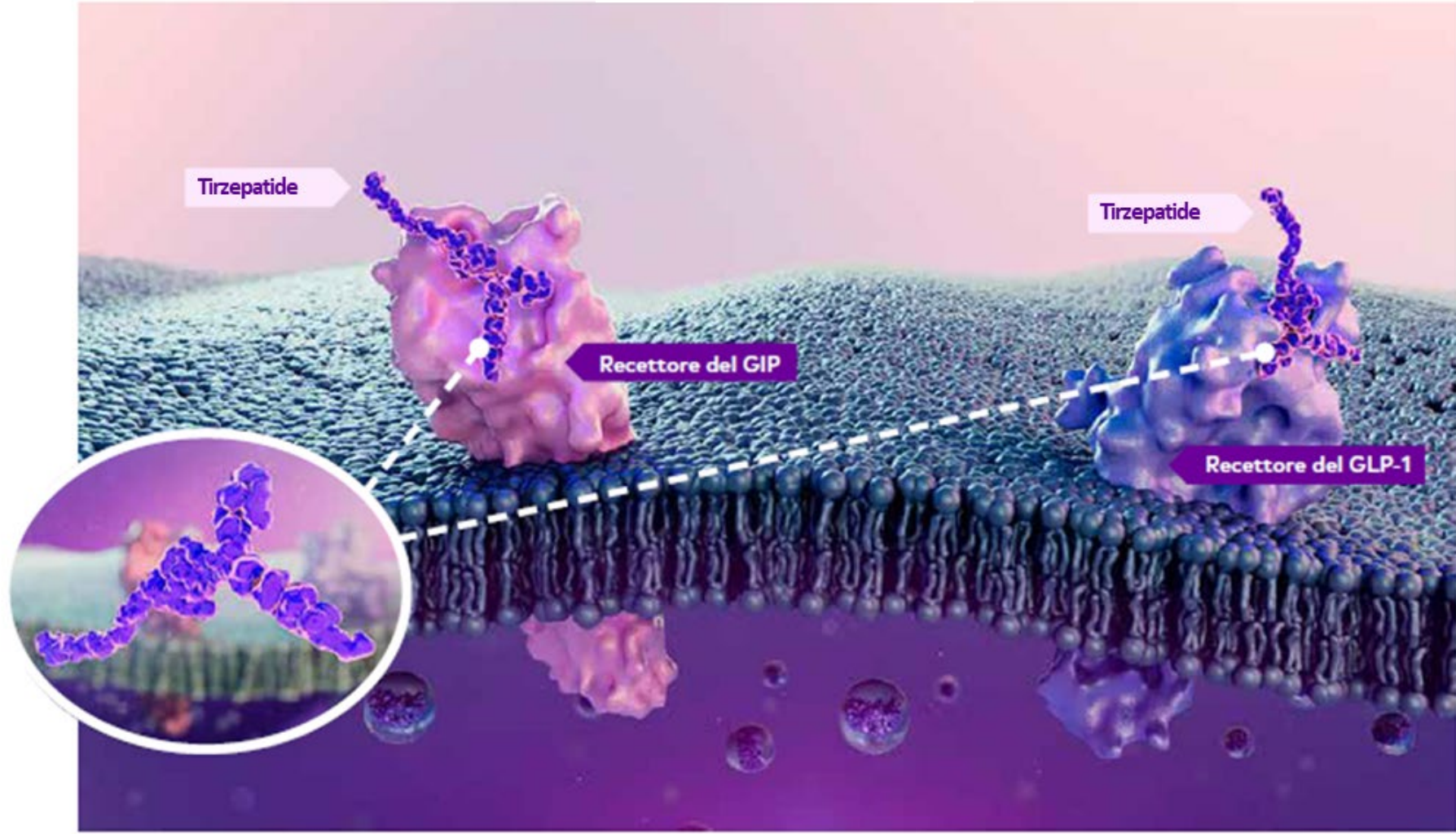
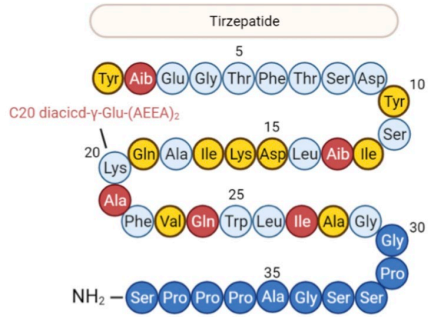
**No. at Risk**

Placebo	655	649	641	619	615	603	592	571	554	549	540	577
Semaglutide	1306	1290	1281	1262	1252	1248	1232	1228	1207	1203	1190	1212

# GLP-1R and GIPR potential Mechanism of Action



Adapted from: Samms RJ, et al. *Trends Endocrinol Metab.* 2020;31(6):410-421  
 Tirzepatide non è ancora rimborsato/commercializzato in Italia. Le informazioni riportate sono contenute nel Riassunto delle Caratteristiche del Prodotto-  
 29 Maggio 2024



# The NEW ENGLAND JOURNAL of MEDICINE

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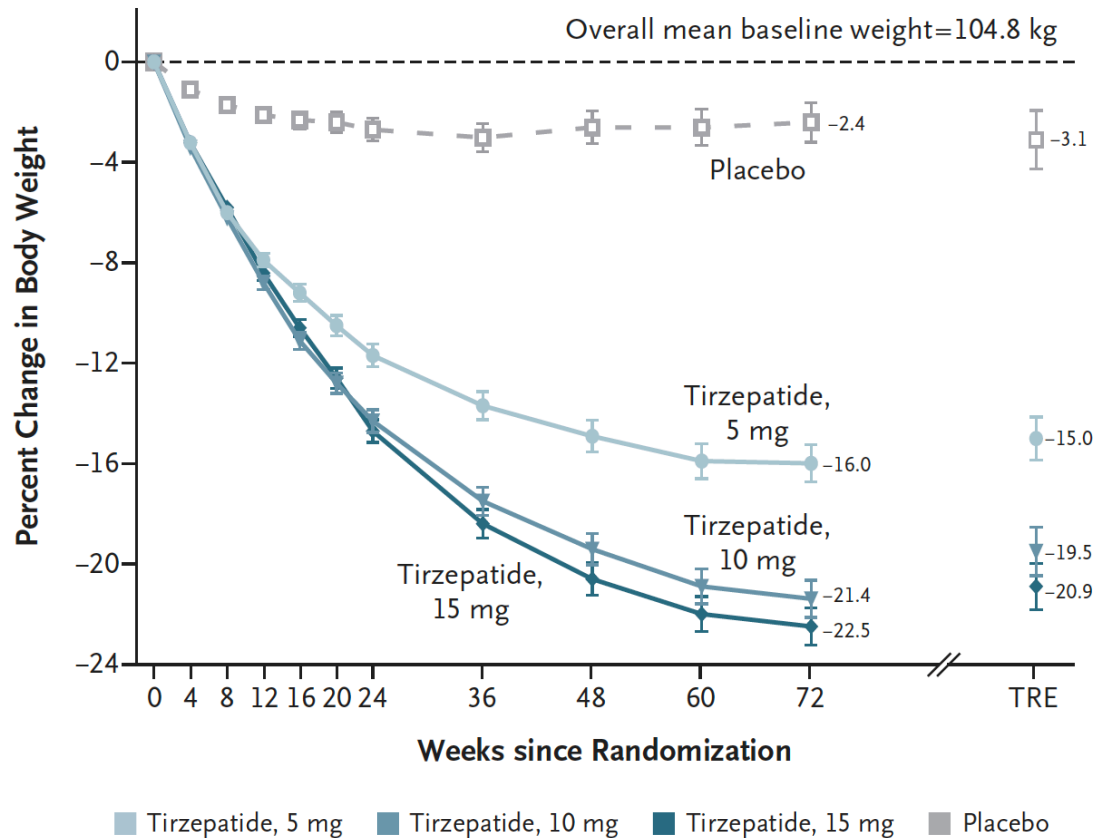
JULY 21, 2022

VOL. 387 NO. 3

## Tirzepatide Once Weekly for the Treatment of Obesity

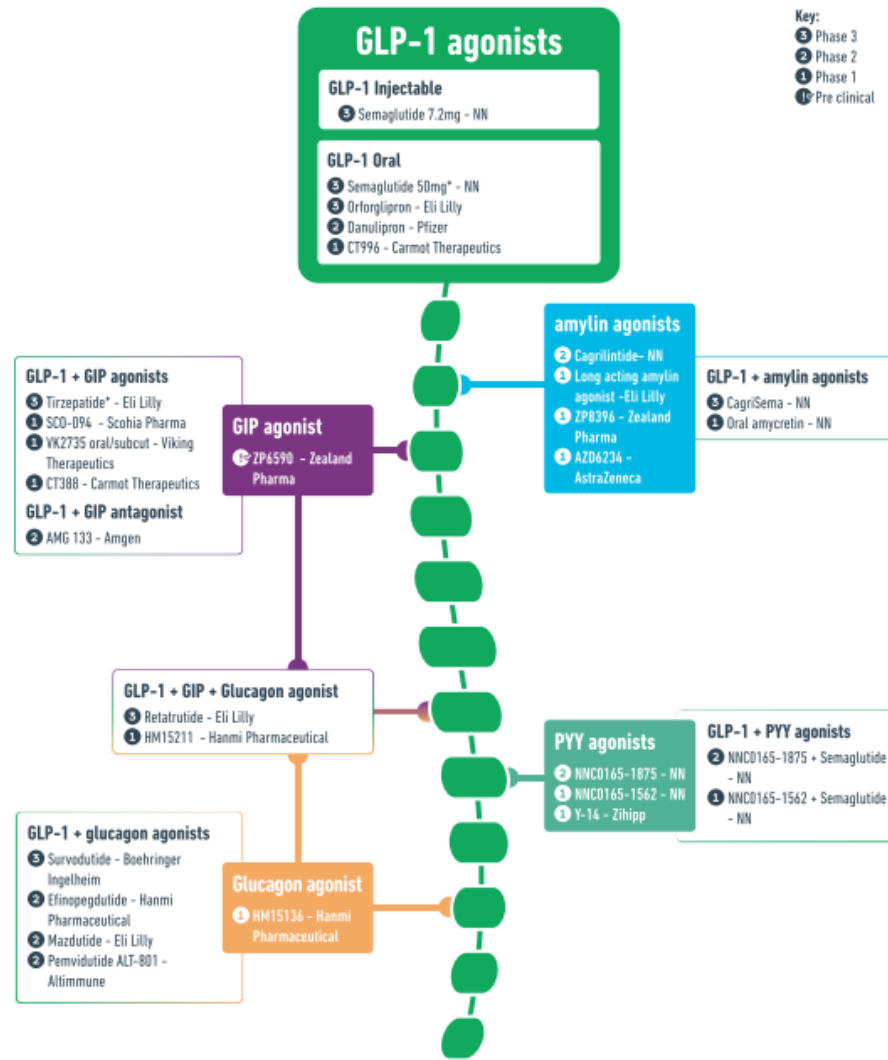
Ania M. Jastreboff, M.D., Ph.D., Louis J. Aronne, M.D., Nadia N. Ahmad, M.D., M.P.H., Sean Wharton, M.D., Pharm.D., Lisa Connery, M.D., Breno Alves, M.D., Arihiro Kiyosue, M.D., Ph.D., Shuyu Zhang, M.S., Bing Liu, Ph.D., Mathijs C. Bunck, M.D., Ph.D., and Adam Stefanski, M.D., Ph.D., for the SURMOUNT-1 Investigators\*

### B Percent Change in Body Weight by Week (efficacy estimand)



# What is the pipeline for future medications for obesity?

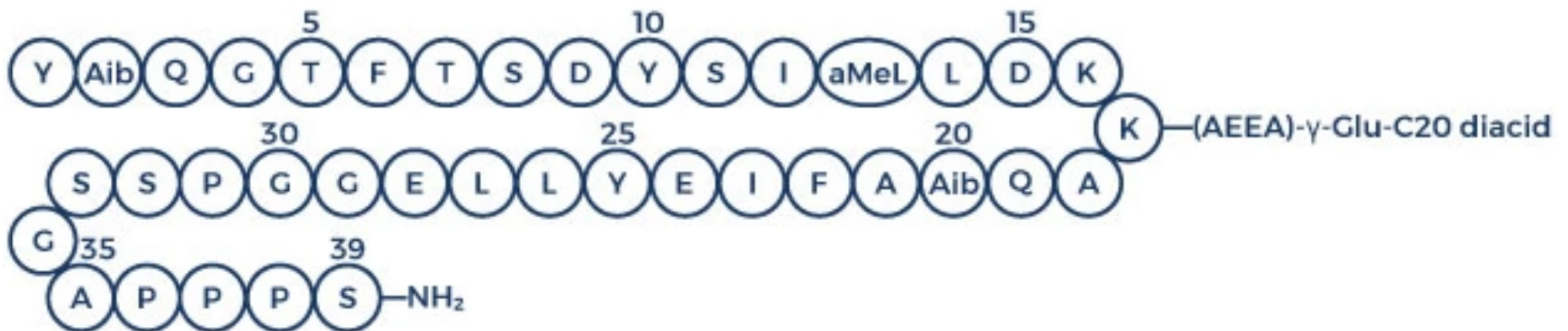
Eka Melson <sup>1,4</sup>, Uzma Ashraf <sup>1,4</sup>, Dimitris Papamargaritis <sup>1,2,3</sup> and Melanie J. Davies <sup>1,2</sup>



**Fig. 2** Glucagon-like peptide-1 as the backbone of the pipeline for gut hormone-based obesity treatments. GLP-1 glucagon like peptide-1, GIP glucose-dependent insulinotropic polypeptide, PYY peptide YY, NN: novo nordisk, \*completed phase 3 trials for obesity.

# RETRATUTIDE

Retatrutide is a novel triple receptor agonist peptide that targets the glucagon receptor (GCGR), glucose-dependent insulinotropic polypeptide receptor (GIPR), and glucagon-like peptide-1 receptor (GLP-1R).



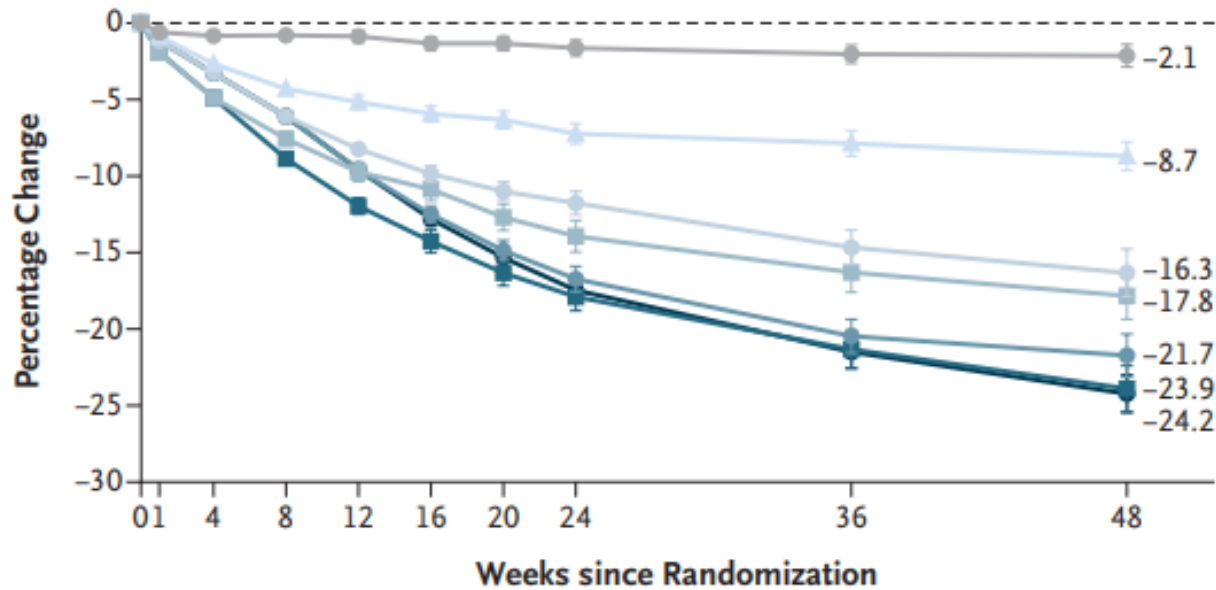


# Triple-Hormone-Receptor Agonist Retatrutide for Obesity — A Phase 2 Trial

Ania M. Jastreboff, M.D., Ph.D., Lee M. Kaplan, M.D., Ph.D., Juan P. Frías, M.D.,  
Qiwei Wu, Ph.D., Yu Du, Ph.D., Sirel Gurbuz, M.D., Tamer Coskun, M.D., Ph.D.,  
Axel Haupt, M.D., Ph.D., Zvonko Milicevic, M.D., and Mark L. Hartman, M.D.,  
for the Retatrutide Phase 2 Obesity Trial Investigators\*

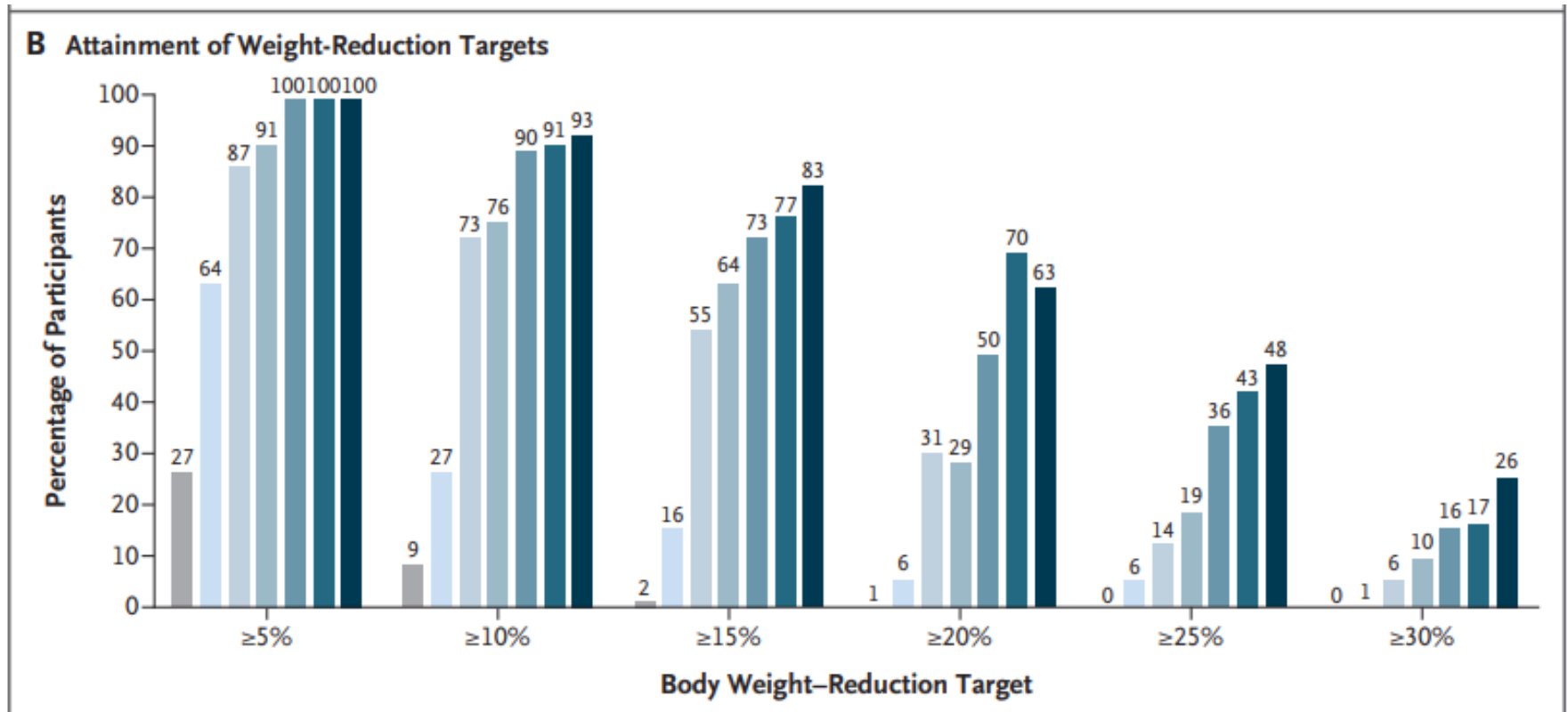
■ Placebo   ■ Retatrutide, 1 mg   ■ Retatrutide, 4 mg (ID, 2 mg)   ■ Retatrutide, 4 mg (ID, 4 mg)   ■ Retatrutide, 8 mg (ID, 2 mg)   ■ Retatrutide, 8 mg (ID, 4 mg)   ■ Retatrutide, 12 mg (ID, 2 mg)

## A Changes in Body Weight



# Triple-Hormone-Receptor Agonist Retatrutide for Obesity — A Phase 2 Trial

Ania M. Jastreboff, M.D., Ph.D., Lee M. Kaplan, M.D., Ph.D., Juan P. Frías, M.D.,  
Qiwei Wu, Ph.D., Yu Du, Ph.D., Sirel Gurbuz, M.D., Tamer Coskun, M.D., Ph.D.,  
Axel Haupt, M.D., Ph.D., Zvonko Milicevic, M.D., and Mark L. Hartman, M.D.,  
for the Retatrutide Phase 2 Obesity Trial Investigators\*



# Development of Cagrilintide, a Long-Acting Amylin Analogue

Amylin<sup>1</sup> is a 37 amino acid peptide, produced in pancreatic beta cells and co-secreted with insulin. It has important effects on appetite, glucose management, and gastric emptying that warrant investigation for treatment of diabetes and obesity.

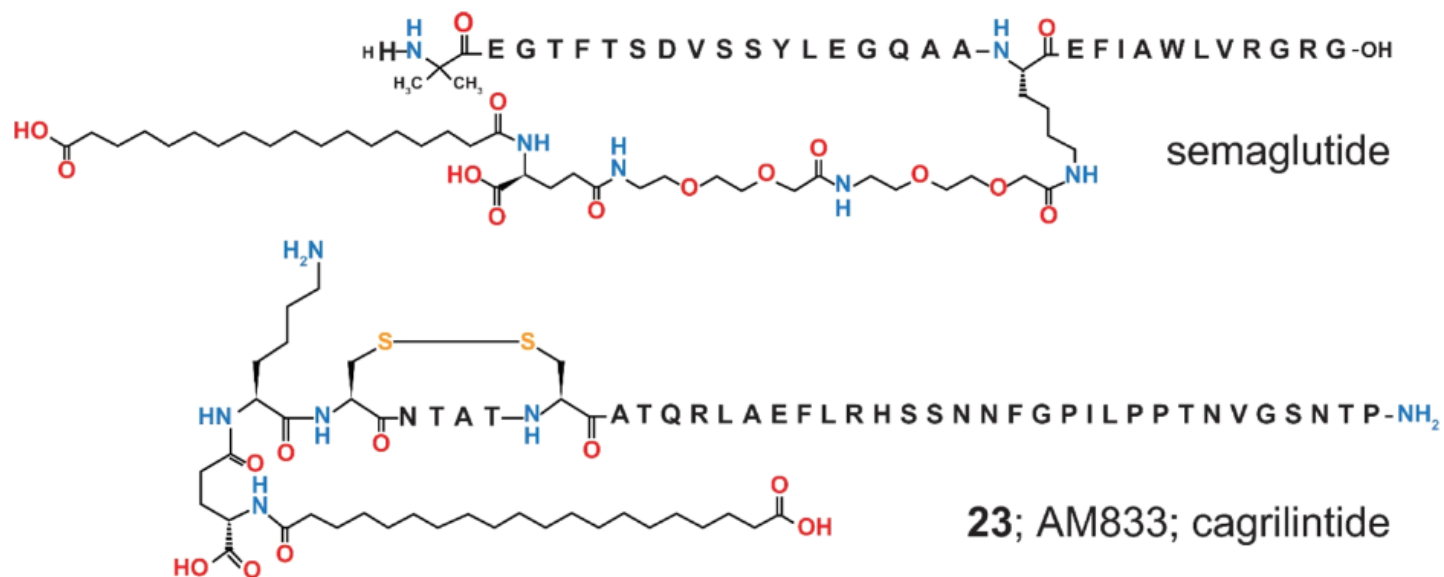
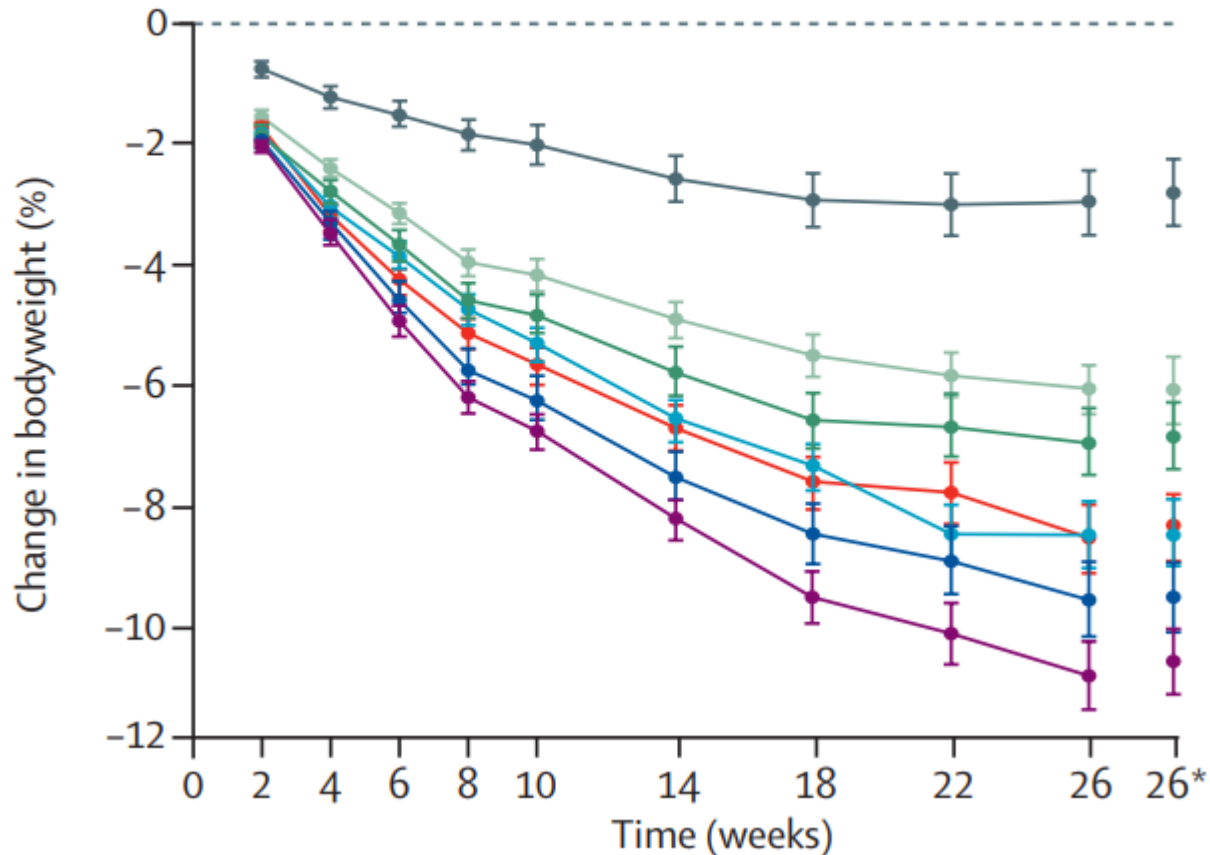


Figure 2. Chemical structures.

# Once-weekly cagrilintide for weight management in people with overweight and obesity: a multicentre, randomised, double-blind, placebo-controlled and active-controlled, dose-finding phase 2 trial

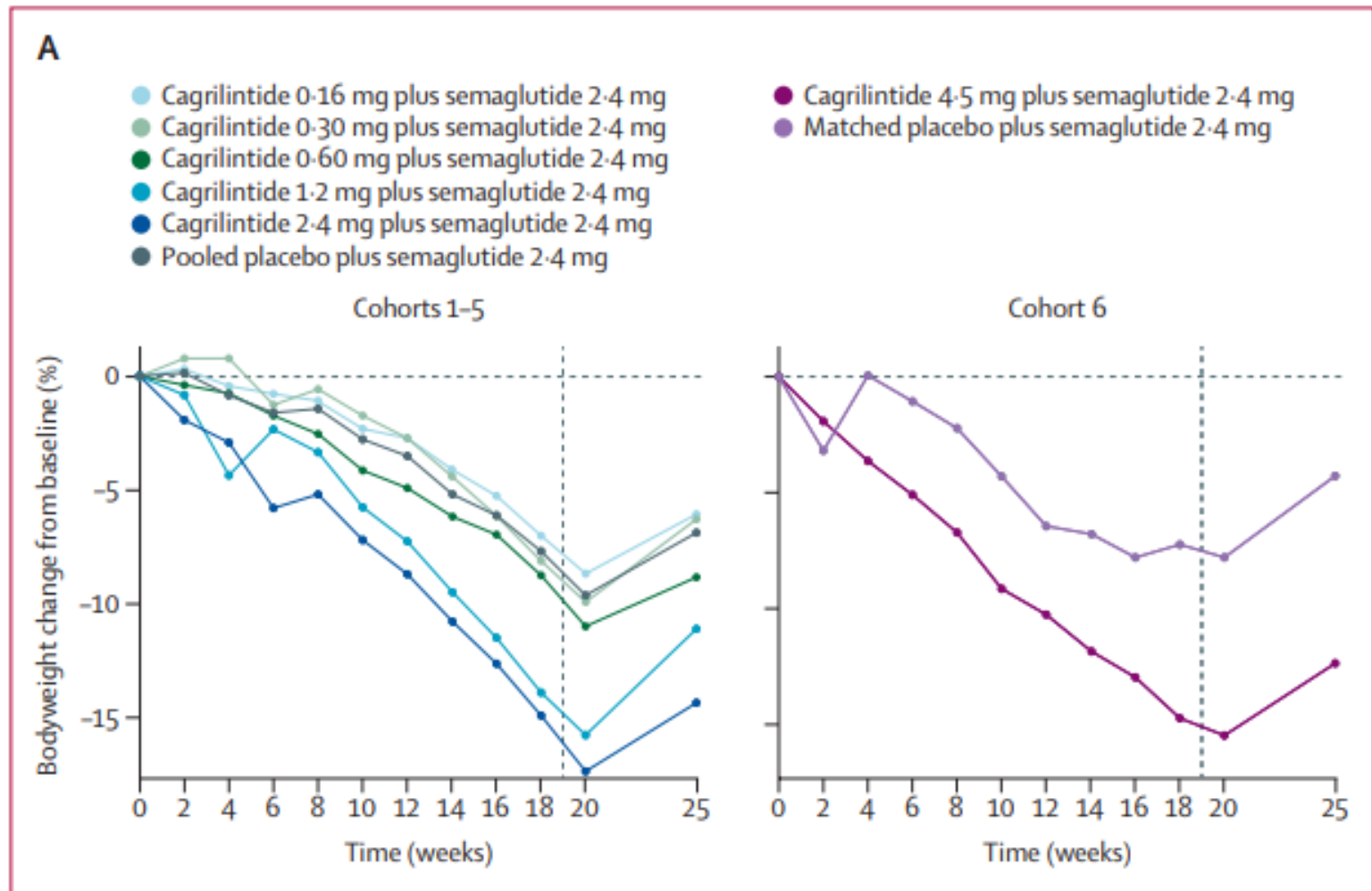
David CW Lau, Lars Erichsen, Ann Marie Francisco, Altynai Satylganova, Carel W le Roux, Barbara McGowan, Sue D Pedersen, Kirsi H Pietiläinen, Domenica Rubino, Rachel L Batterham

—●— Cagrilintide 0.3 mg    —●— Cagrilintide 0.6 mg    —●— Cagrilintide 1.2 mg    —●— Placebo  
—●— Cagrilintide 2.4 mg    —●— Cagrilintide 4.5 mg    —●— Liraglutide 3.0 mg



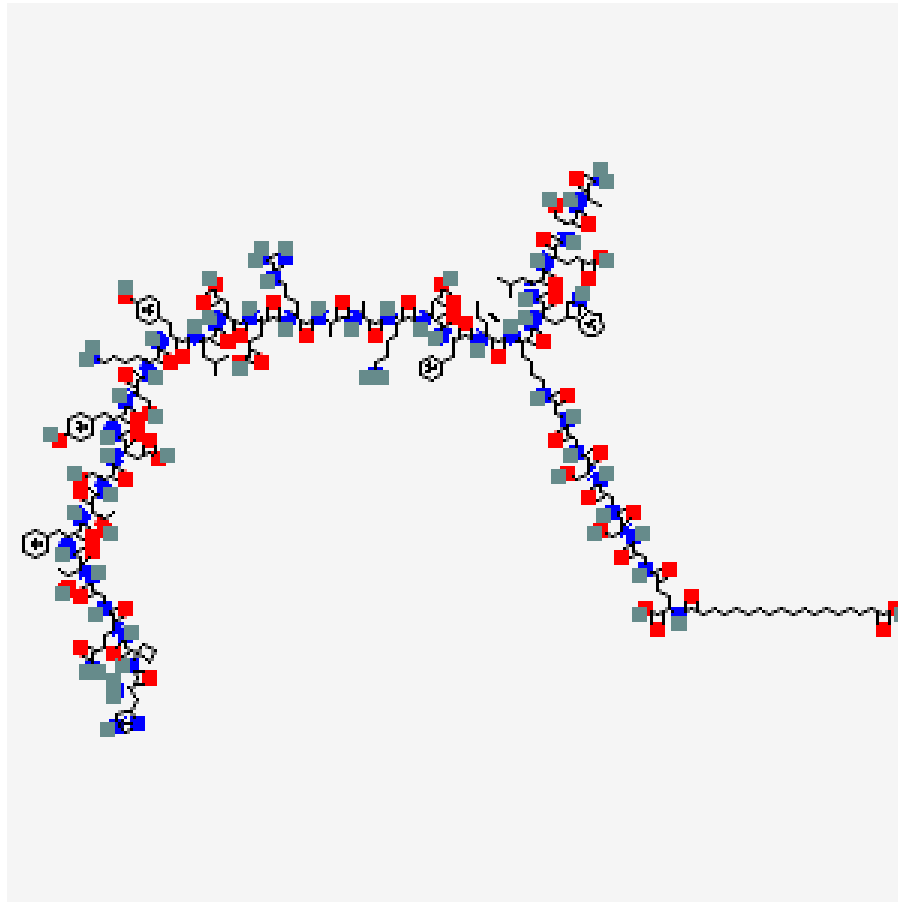
# Safety, tolerability, pharmacokinetics, and pharmacodynamics of concomitant administration of multiple doses of cagrilintide with semaglutide 2.4 mg for weight management: a randomised, controlled, phase 1b trial

Lone B Enebo, Kasper K Berthelsen, Martin Kankam, Michael T Lund, Domenica M Rubino, Altynai Satylganova, David CW Lau



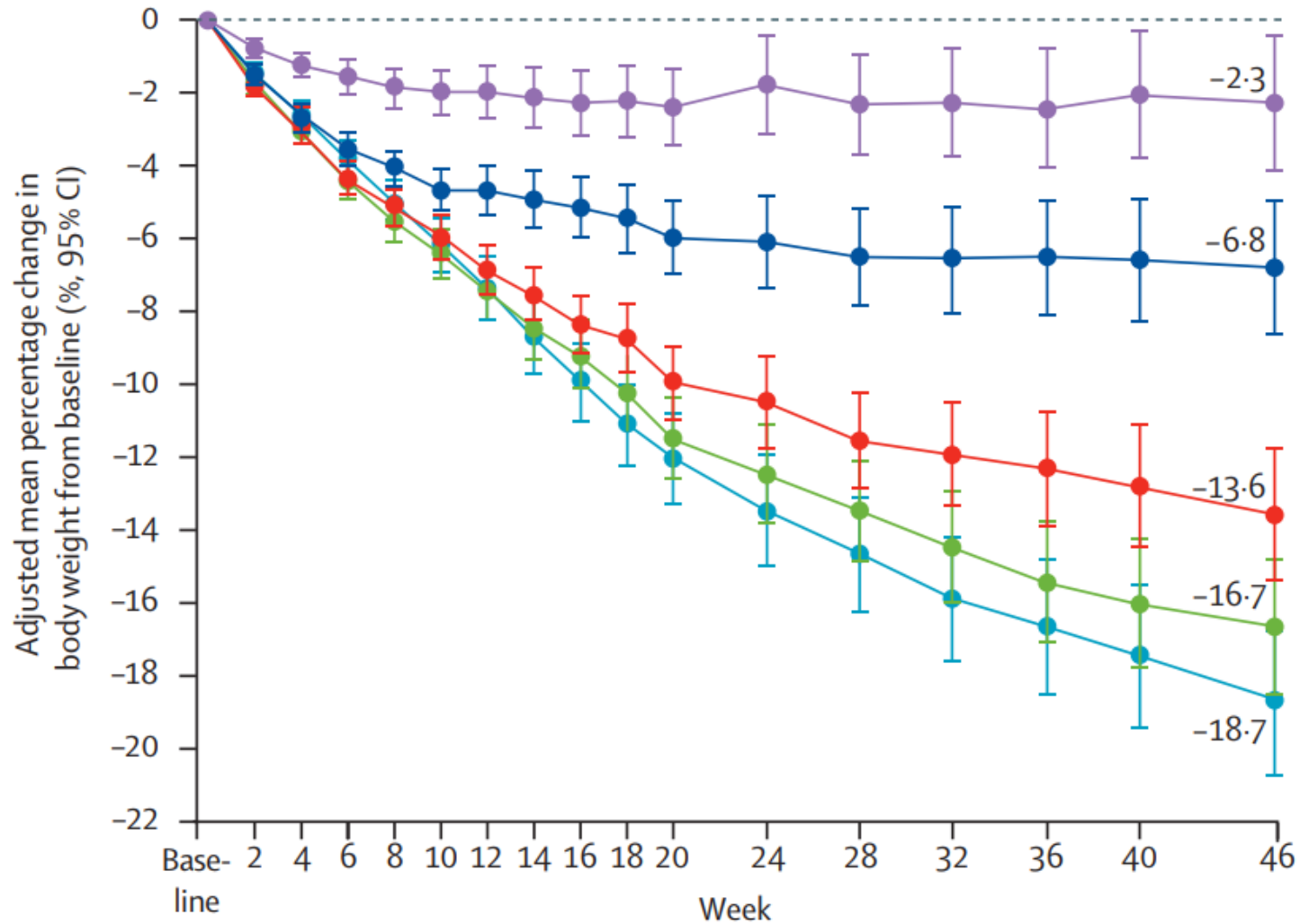
# SURVODUTIDE

Survodutide is a dual glucagon-like peptide 1 receptor agonist (GLP-1RA) and glucagon receptor agonist



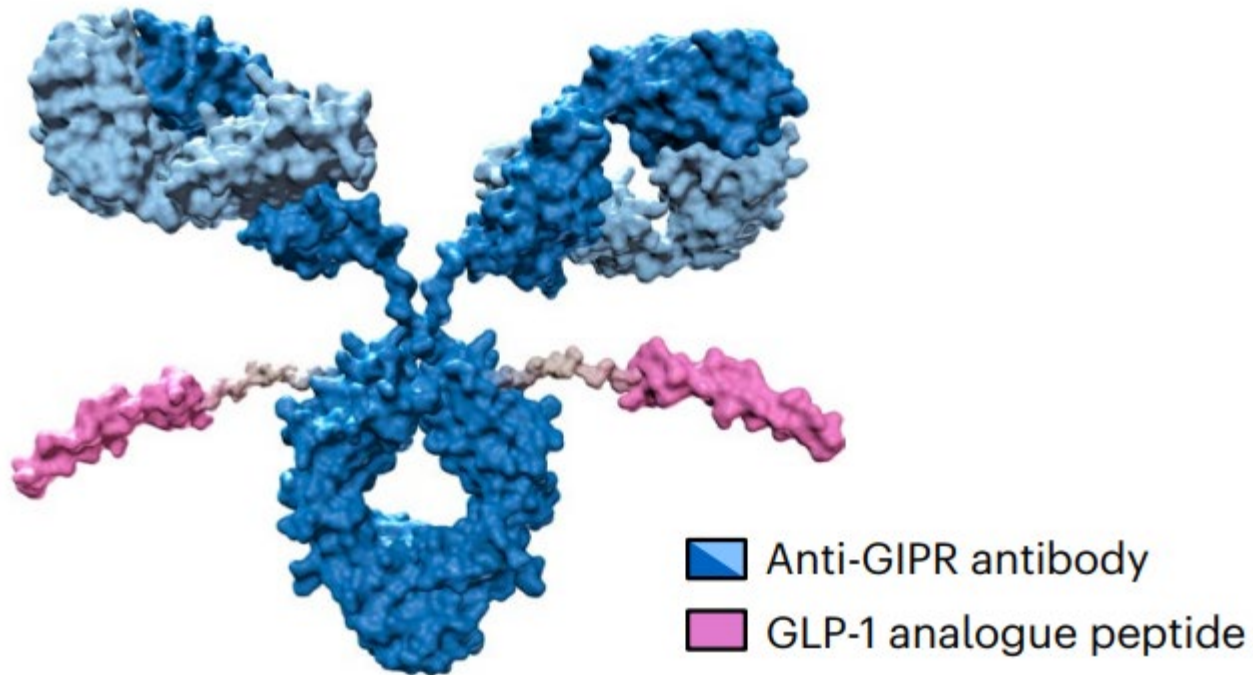
# Glucagon and GLP-1 receptor dual agonist survodutide for obesity: a randomised, double-blind, placebo-controlled, dose-finding phase 2 trial

Carel W le Roux, Oren Steen, Kathryn J Lucas, Elena Startseva, Anna Unseld, Anita M Hennige



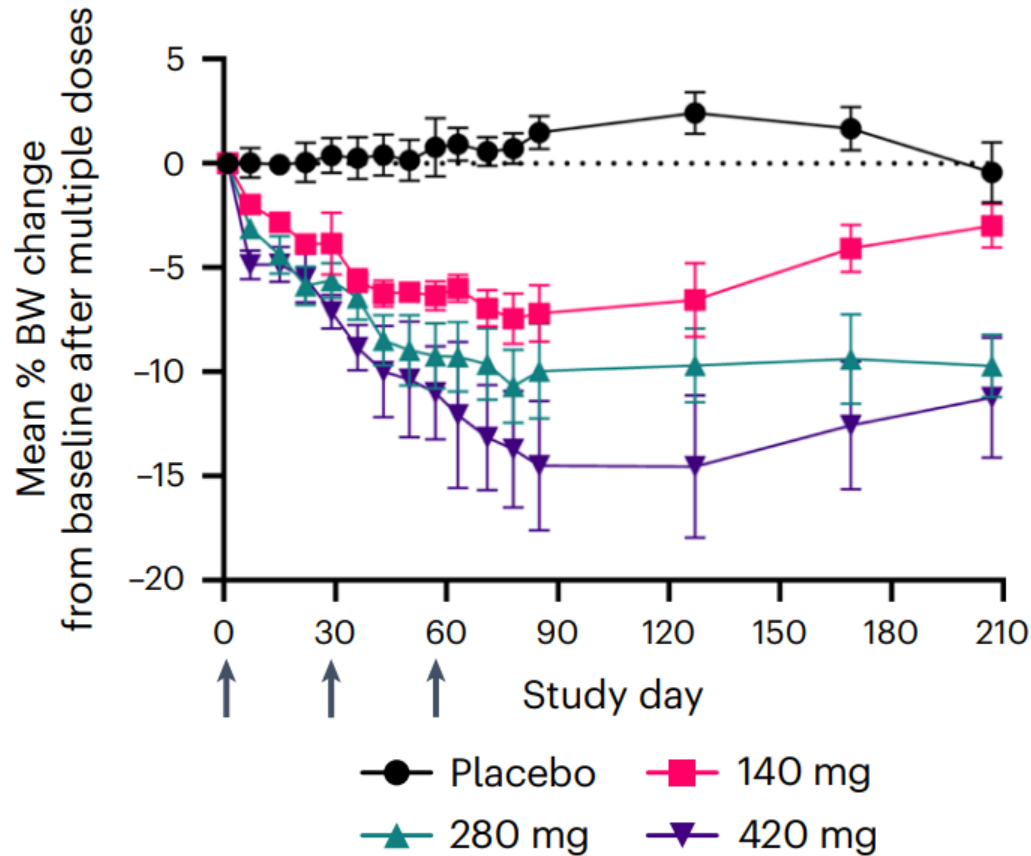
# MARIDEBART CAFRAGLUTIDE (MARITIDE)

AMG 133 (now known as maridebart cafraglutide) is an optimized GIPR/GLP-1R bispecific molecule engineered by conjugating a fully human monoclonal anti-human GIPR-Ab with two GLP-1 analogue agonist peptides using amino acid linkers.





# A GIPR antagonist conjugated to GLP-1 analogues promotes weight loss with improved metabolic parameters in preclinical and phase 1 settings



# LE SFIDE CHE CI ATTENDONO

- Gestione degli effetti collaterali
- Velocità del calo ponderale
- Mantenimento degli effetti a lungo termine

## PERSONALIZZAZIONE DELLA TERAPIA



Thank  
you